



OKEHAMPTON COMMUNITY GARDEN

What's happening in the Community Garden this May

Thursday 1st May

Garden Playdates - For parents, carers and under 5's. This group will be meeting every Thursday.

Shamanic Drumming Circle - Anyone who is interested and would like to come along and join us as we welcome in the full moon and Beltane. Afterwards there is social time with a hot drink and cake. Shamanic Drumming Circles are for donations to the Community Garden.

Monday 12th May

Seeds of Conversation - Join us for a relaxed garden get-together where everyone's welcome. We'll chat about what's on the horizon for the community garden this year.

Saturday 17th May

Shamanic Workshop with Rowena - To book contact:- Rowena 07519 328188 - wisdomcaller@gmail.com

Saturday 31st May

Reiki Exchange with Christine Star - Hosted by Christine Star, we invite everyone to an exchange of beautiful energy. £5 entry donation.



Upcoming Events

Thurs 1st May -

Garden Playdates 10am -

11:30am (every Thursday)

**Shamanic Drumming Circle
with Rowena 6pm**

Mon 12th May -

**Seeds of Conversation 11am -
1pm**

Sat 17th May -

Shamanic Workshop

Contact:- Rowena 07519328188
wisdomcaller@gmail.com

Sat 26th Apr -

Reiki Exchange 10am - 1pm

Contact - 07866 741652



What's happening in the Community Garden this June

Thursday 5th June

Garden Playdates - For parents, carers and under 5's. This group will be meeting every Thursday.

Sunday 8th June

The Big Lunch

Monday 9th June

Seeds of Conversation - Join us for a relaxed garden get-together where everyone's welcome. We'll chat about what's on the horizon for the community garden this year.

Upcoming Events

Thurs 5th June -

Garden Playdates 10am - 11:30am

Sun 8th June -

The Big Lunch from 12 noon

Mon 9th June -

Seeds of Conversation 11am - 1pm



Get active outdoors this Naturally Healthy May

Okehampton Community Garden supports Active Devon

Now is the perfect time to engage with nature through the Naturally Healthy May initiative, led by Active Devon and Devon County Council on behalf of the Devon Local Nature Partnership.

Taking part in outdoor activity in Devon's green and blue spaces can not only enhance physical health, reducing risks like obesity and dementia, but also improve mental well-being, easing anxiety and boosting mood.

You can start small, joining a local wellbeing walk or doing some light gardening, or even try a free adult cycle training session.

Visit Explore Devon for tips on how to get around the naturally healthy way, and find events near you at www.devonconnect.org.

Let's celebrate Naturally Healthy month together!





We are open on...

Tuesday 11am - 2pm

Friday 11am - 2pm

Sunday 11am - 2pm



Grow With Us: Volunteer at Okehampton Community Garden

Looking for a way to connect with nature, meet new friends, and make a real difference in your community?

Our community garden is more than just a patch of green—it's a place where every hand helps, and every effort blooms into something beautiful.

We're not just looking for gardeners! If you have a passion for crafting, building, or fundraising, we need your talents too.

Whether you're great at organising events, making things for the garden, or helping us raise vital funds, your skills will help our garden thrive.

No experience? No problem!

Whether you're getting your hands dirty in the soil or helping behind the scenes, every contribution counts.

You'll leave with new skills, fresh air, and the joy of making a real difference in your community.

Come grow with us—because together, we can make something amazing.

Volunteer days Tuesday, Friday and Saturday 11am - 2pm

Contact us:

We would love to hear if you have any ideas/suggestions that you would like to see at the Community Garden.

Contact us at:

okehamptoncommunitygarden@gmail.com

During our opening times feel free to come along to the community garden and experience the beauty of nature and chat to our volunteers.